



Intro to Indigo Dyeing using Shibori Techniques

Instructor: Arlene Westen

Required Supplies:

- Indigo Shibori Student's supply list
- Approximately 2 meters of 100% cotton that has been thoroughly washed (scoured), or 2 meters of PFD (Prepared For Dyeing cotton).
- Fabric will be cut up in class into smaller 12" to 16" squares for dyeing.
- (Optional) Additional fabrics for experimenting including small amounts of linen or silk
- Strong threads such as Buttonhole twist, carpet or upholstery thread, or waxed dental floss
- Sewing needles (large enough to accommodate your thread choice)
- Optional: thimble
- Heavier twines or crochet threads for binding
- Thread snips or small scissors
- Seam ripper
- Pencil and 12-inch ruler
- Masking tape
- Rubber bands (small ones are best)
- Optional: marbles, small stones, pennies, corks, clothes pins, paper clips, popsicle sticks
- Small spray bottle
- A few wooden stir sticks or spoons
- A couple plastic containers (large yogurt sized)
- One 5-gallon paint pail with proper fitting lid
- Large sized Ziploc Baggies to transport wet fabric
- Rubber gloves and disposable latex or nitrile gloves
- A black garbage bag, roll of paper towels and an old towel
- A notebook
- Wear a work apron or clothing that can be soiled without remorse