



## Arlene Westen



Arlene Westen is a seasoned multi-disciplinary artist and a dedicated adult arts educator with over four decades of experience. Her expertise spans a wide range of creative disciplines including surface design on fabric and paper, collage, cyanotype, printmaking, bookbinding, and various fibre arts such as dyeing, quilting, stitching and tapestry weaving.

Arlene's extensive background is enriched by baccalaureate degrees in Fibre Art with Honors from the Alberta University of the Arts and Studio Arts with Honors and Great Distinction from the University of Lethbridge, as well as through independent study and life-long studio practice.

Arlene's artistic journey is intrinsically linked to her love for creating and her innate desire to impart her knowledge to others. Over the years, she has had the privilege of guiding numerous students, empowering them to express themselves more effectively through their art, merging technique, skill and artistic expression. The act of crafting, along with her passion for teaching, has been her lifelong catalyst for personal wellness, growth, and for forging meaningful connections.

