

## *Plein Air Painting – 2 pages*

**Instructor: Maria Josenhans**

### **Required Supplies:**

#### **Pochade Boxes and Plein Air Kits**

Purpose made set-ups such as the ones listed below will make your experience a much more rewarding one! If you already have a kit and it's working well for you, you are all set. There won't be hiking to remote areas in this workshop, it should all be easy access, but still try to keep your kit as compact as possible. It is recommended that students not paint larger than 11x14, and this also helps to keep the painting kit light and easy to handle. It is also possible to use a small easel and hold your palette, but please be sure you have tried out your set up prior to the start of the workshop to be sure you'll be comfortable...comfort is key! No matter what your set-up, it is best if everything is able to be packed up and moved in a single go.

A few suggested brands of pochade boxes below which use a photo tripod as a base. (There are MANY more choices out there.)  
Strada; Alla Prima Pochade; Sienna; Artworks Essentials; New Wave (Ugo)

#### **French Easel (A french easel is a complete unit not requiring a tripod)**

**For carrying wet paintings that are panels, check out [Raymarart.com](http://Raymarart.com) and [PanelPak.com](http://PanelPak.com)**

#### **Paint Brands:**

For **OIL** paints: **Gamblin** - artist's grade paint. Winsor & Newton, Williamsburg, Holbein or any **professional grade** paints are also OK. (Please avoid inferior brands such as Pebeo and Reeves).

For **Acrylic** paints: Golden - any professional grade paint. (Please avoid inferior brands such as Pebeo and Reeves).

#### **Colors: (all 37 ml tubes unless otherwise noted)**

\*Cadmium Yellow Light  
Yellow Ochre  
Cadmium Red Light  
\*Permanent Alizarin  
\*Ultramarine Blue  
Cobalt Blue  
Viridian Green  
\*Titanium White (150 ml tube)  
Ivory Black

\*denotes MUST have colors! (particularly if you would like to use a limited palette)

**Painting surfaces** primed with gesso: (please add at least a couple of coats of gesso even if the product says it is ready to use!) For exercises in the field, inexpensive 6x8 panels are fine, but please make sure they have plenty of gesso on them. For more refined paintings in the field I highly recommend products like the featherlite panels from Raymar ([raymarart.com](http://raymarart.com)).

**6x8 (6) canvas panel**

**8x10 (2) canvas panel**

**A selection of panels, suggested no larger than 11x14 (Consider bringing a selection of different size panels i.e. 8x8, 6x12 )**

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**Painting medium for painting with oils:**

**Odorless Mineral Spirits 8oz (Gamsol is best!) (If you are traveling by plane there will be Gamsol available at the school)**

**Optional, 37 ml tube of Gamblin Solvent free gel OR Galkyd Gel (I use either but it is not necessary)**

**Leak proof container for solvent for cleaning brushes**

**Cup for clean solvent for painting**

**Painting medium for painting with acrylic:**

**Retarder**

**Any medium gloss or matte**

**Yogurt container for water**

**Spray bottle**

Acrylic painters are recommended to use a Sta-Wet palette or similar to keep their paint moist. This can be a challenge in the field, especially in summer, so please be sure to have retarder and a spray bottle!

**Brushes: All long handle**

Natural bristle brushes for oil painting.

Synthetic bristle for acrylic.

**Flats and filberts ranging from 2-12 (minimum 6 brushes in a variety of shapes and sizes within this range)**

**\*Black fine point Sharpie pen (2) (This is a MUST)**

**\*Viewcatcher (This is a MUST)**

**\*12 or 18 inch ruler**

**\*Roll of quality paper towel**

**\*Cotton rag**

**\*Pencil (4B or 6B) and eraser**

**\*Notebook**

**\*Marker sketch pad (min 6x8) Crescent Rendr is the best! The Aquabee Marker Pad is good, the smallest is 9x12.**

**\*Bag for dirty paper towel**

**\*Latex or nitrile gloves (optional)**

**\*Stool (optional)**

**\*Sunblock, wide brimmed hat, water**

CURIOSITY!