***Elegant Eco Printed Books***

**Instructor: Sally Towers-Sybblis**

# Required Supplies:

* Scissors (ones you don’t mind cutting metal with)
* A large notebook or journal to keep notes
* Pencil
* Eraser
* Sharpener
* Pen for taking notes
* 18 inch ruler
* Large new UHU glue stick
* Some scrap papers to use as a gluing surface Bone folder scoring board (if you have one) I will bring mine to share.
* Book binding awl
* 2 medium sized binder clips
* A small Cutting mat (if you have one) I will bring extras to share
* A large embroidery needle with an eye large enough to thread embroidery floss through.
* Watercolor paints (any brand is fine) to try on your eco prints
* #8 round watercolor brush or similar size
* Palette or paper plate
* Water container
* Rag
* A half sheet of Arches text wove paper approx. 20 by 25” (Sally will have some for sale at $5/sheet)
* A full sheet of Arches Cold Pressed 140lb.
* Watercolor paper 22x30’” or any another similar good quality watercolor paper. (Sally will have some for sale at $15 sheet)
* An old book or pages from (we will tear pages from it and try eco printing with them)
* Size 01 black micron pigma pen
* A white gel pen
* A large ziplock bag or something to collect leaves and foilage in
* An old blanket or something similar (to be used for laying your leaf printed papers on to dry).
* 1 tin foil pizza size rectangular plates/platters (Superstore has these. Kind of like a pie plate only it’s for pizzas.) We use these on either side of our paper bundles in the boiling water.
* Metal tongs
* Some wire, string, jute, or large binder clips to hold all your papers together in the boiling water.
* Oven mitts
* One 4 litre container of vinegar
* A measuring cup
* A teaspoon
* An apron
* A shallow rack that fits inside your appliance to elevate your pages off of the bottom. Flat rocks work too.
* Some rusty items to add to your boiling water inside your appliance such as rusty nails, nuts or bolts, chain or tools (any metal rusty items).
* A large flat rock to keep your papers from floating in the boiling water.
* Any foliage you want to try printing with. Try to keep it flat and in an airtight container so it doesn’t dry out en route if possible. We will collect some around the college too. Some plants that print well: cosmos, nine bark, raspberry leaves, rose leaves, oak.
* One of these appliances:
  + (We will use these to boil our papers in. You won’t want to use these for cooking after they have been used for eco printing.)
  + An electric fry pan with a lid. It must be around 3” deep.
  + Or a plug in turkey roaster with lid
  + Or a hot plate or convection burner with a large fry pan and lid (frypan depth should be around 3”) Or a canning pot

Optional materials:

* Any other types of papers (or extras of the watercolor papers) you may want to try eco printing with such as rice paper, deli paper or tissue paper.
* Any dried leaves you may want to try printing.
* An extra tin foil pizza tray if you want to try boiling a set of larger papers.
* Any special pens you may want to embellish your papers with.