

## Miji Campbell



Miji Campbell is a writer, speaker, and teacher. Her work has appeared in numerous publications including *Today's Parent Magazine*, *The Edmonton Journal*, *The Calgary Herald* and *Women's Words: An Anthology*, and has been broadcast on CBC Radio. Miji has received two National Magazine Award nominations and literary arts grants from the Alberta Foundation for the Arts. *Separation Anxiety: A Coming of Middle Age Story* is her first book and winner of the 2016 Whistler Independent Book Award for non fiction.

Miji believes in the power of personal writing to balance and sustain us. As a writer, she explores the ordinary stories that connect us with ourselves and each other. As a workshop facilitator, she shares this experience, inviting participants to “write where you are.”

Born and raised in Calgary, Miji now lives in Red Deer.